



MOTIVATING YOU FOR BEST PERFORMANCE

The following statements are generated from your Birkman Interests scores and your Component Need scores. Carefully read each statement and check the ones that are most significant to you. Remember, a statement appears because it may be significant for you, not because it is significant. Only you can decide which statements are most relevant for you.

- Most effective when directed by someone you see as a natural authority figure
- Offer emotional support if you seem reluctant to perform
- Others should be decisive and not change their minds later for you to feel self-motivated