



YOUR RELATIONSHIP WITH YOUR CHILD

The following statements are generated from your Component Usual, Component Need and Component Stress scores. Carefully read each statement and check the ones that are most significant to you. Remember, a statement appears because it may be significant for you, not because it is significant. Only you can decide which statements are most relevant to you.

SECTION A: When you are at your best

- You are generally straightforward in your dealings with your child
- You prefer to build your relationship with your child on basic rules, which you want her/him to follow
- You prefer to exercise authority directly with your child where that is appropriate
- You like to teach your child the real value of money
- You value the time you and your child spend in physical activities
- It is natural for you to create an environment for your child that has plenty of variety and novelty in it

SECTION B: What you need

- You like your child to be direct and open with you
- You value the extent to which your child wants to be just with you, as opposed to wanting to socialize
- You need to feel that your child sees you as a figure of authority in the family
- You prefer that your child not spring surprises on you

SECTION C: Things to work on

- You can react adversely if your child's sensitivity prevents her/him from being frank with you
- You can find it hard to participate when your child wants you to be involved constantly in her/his social activities



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- You can become too domineering and over-assertive with your child
- You can place too much emphasis on the importance of your child winning at all costs
- You can underestimate the extent to which your child can value a predictable routine